

RAIN Community Information

12 Helplines and Emergency numbers

Al-anon Family Groups	020 7403 0888 For relatives of people who misuse alcohol.
Alcoholics Anonymous - 24Hr Helpline	0845 769 75 55 Information and support for people who misuse alcohol
Alzheimer's Southampton & District Helpline	023 8047 1234
Blind Association	023 8064 1244
British Pregnancy Advisory Association - Actionline	0845 730 4030 Unplanned pregnancy Advice.
BT	0800 800 151 Customer Services.
Care Direct	0800 444 000 Help & Information for the older person.
Care to Learn	0845 600 2809 www.caretolearn.gov.uk Childcare for young learners.
Carers Direct - Out of Hours	0845 600 4555 Advice on services, benefits and advice on help and support. Available 5.00pm - 11.30 pm Monday - Thursday. 4.30pm - 11.30pm Friday. 8.30am - 11.30pm at Weekends and Bank Holidays.
Child line	0800 11 11 Children requiring counselling.
Citizens Advice Bureau - Romsey & District	01794 516378

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Citizens Advice Bureau - Romsey & District	01794 516378 The bureau is open Mon & Wed 10.00am - 3.30pm Thurs & Fri 10.00am - 1.30 pm.
Council Tax	01264 368500 www.tvbc.gov.uk Revenue for Test Valley Borough Council Enquiries about council tax
Counsel & Care for the Elderly	020 7241 8555 Admin Line
Crime Stoppers	0800 555 111 Confidential method of reporting suspected crime.
Dental Helpline	023 8033 8336 To find an NHS Dentist for emergency or routine dental care between 8.30 - 5.00pm
Dental Helpline - Out of Hours	0845 46 47 To find a NHS Dentist for emergency dental care after 5.00pm, Weekends, Bank Holidays.
Drugs Advisory Service - Romsey, Winchester & Andover Partnership	01962 825071
Drugs Advisory Service - Southampton & Southern Parishes Hampshire Partnership	023 8071 7171
DWP - Pension Service Helpline Wrexham	0845 606 0265 Retirement Pensions. Pension Credit.
Elder Abuse Resonse Line	0808 808 8141

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Electoral Register	Mrs S Gamalatge	01264 368020
Electricity		0800 096 9000 Emergency out of hours. Also : 0800 096 9696. 0800 365 000.
Emergency Services - Fire, Ambulance, Police		999
Epilepsy Action - National Organisation		0808 800 5050 helpline@bea.org.uk www.epilepsy.org.uk Mon - Thu 9am to 4.30pm, Fri 9am to 4pm
Family Planning Association - Helpline		020 7837 4044
Fire and rescue Service - Hampshire/Community Fire Safety		023 8064 4000 community.firesafety@hantsfire.gov.u k www.hantsfire.gov.uk
Gamblers Anonymous		020 7384 3040
Gas Emergency		0800 111 999
General Hospital - Out of Hours Child Health		023 8077 7222 Paediatric Department.
Hampshire & IOW Practitioner & Patient Services Agency		01962 853361

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Hampshire County Council - Helpline		0800 028 0888 info.centre@hants.gov.uk Day Time Number for all departments. Textphone: 0808 100 2484.
Hampshire Dental Helpline		023 8033 8336
Hampshire Highways		01264 368679 Romsey Area West - 02380 427000
HCC Emergency number - highways (roadworks)		101 www.hants.gov.uk
HIV Aids Advice		023 8022 5511 info@ribbons-centre.co.uk If you do not wish to phone write to: PO Box 201 Southampton SO14 3RZ
Housing Advice - TVBC		01794 527700
Housing Services - Romsey TVBC		Homelessness: 01794 527773 Housing Advice: 01794 527771
Life Pregnancy Care Service (Southampton)	Mrs M McFarlane	023 8025 3329
Mice and Rats		01794 527700 Advice and help
Narcotics Anonymous		020 7730 0009 ukso@ukna.org 0704 158 0050 - Wessex Helpline.
Needles - Hyperdermic		01794 527700 Information and advice

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Neighbourhood and Warden Office	Mr D Smith Warden Manager	01264 332760 Community Safety, Vandalism, Nuisance & Social. Advice & Confidential Help.
NHS Direct		0845 46 47 A confidential telephone service. You can ring for confidential help if you are feeling ill and are unsure what to do, or for health information on particular conditions such as diabetes and allergies. NHS Direct can also tell you where to find your nearest doctor, pharmacist or support group.
NTL Customer Services		0845 454 0000 Tel 150 Free for NTL Customers. If you would like to become an NTL Customer call: 0845 840 8080.
PALS (Patient Advice and Liason Service)		01794 834700
Parent Line Plus	Mrs L Tate	023 8061 9826
Police - Non Emergency Calls		101
Police Stations All	Police HQ	0845 045 4545 www.hampshire.police.uk
Post Office Counters Customer Enquiries		0845 722 3344
Post Office Sorting Office		01794 512263
Postal and Address Finder	Royal Mail	www.royalmail.com

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Postal Preference Service		020 7291 3310 www.mpsonline.org.uk MPS registration line - 0845 7034599.
Postal Vote		01264 368022
Rapid Respose Rehab Team		01794 824710
Recycling		01794 527700
Relate	Southampton	023 8022 9761 Counselling in relationships and sexual problems. Winchester & Districts - 01962 861336.
Samaritans - National Help Line		0845 790 9090 jo@samaritans.org www.samaritans.org
Social Services Direct		0845 600 4555 Out of hours service.
Southern Water	Technical Enquiries	0845 278 0845
Southern Water	24hr Emergency Winchester Hampshire	0845 278 0845 Planning regarding building of sewers or new development. 01962 714585.
Spot Doc		Out of Hours - medical on call.
Telephone Preference Service		0845 070 0707
Test Valley Borough Council Emergency number	TVBC	01264 368000

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Veterans Agency - Helpline		0800 169 2277 help@veteransagency.mod.uk www.veteransagency.mod.uk
Victim Support Schemes - Hampshire	Hampshire	023 8061 1177 Assisting Victims of Crime. Also New Forest - 02380 841924.
Voting Enquiries/Post Vote		01264 368022
Wasps Nests - Test Valley		01794 527700
Wessex Cancer Trust	Mrs J Scoones Manager 39 The Hundred Romsey Hampshire	01794 830374 Drop in centre offering emotional support for cancer sufferers, relatives & friends.
Young Carers Support		www.youngcarers.hants.org.uk Advice and information.
