

### 09 Health - Community Services

---

Community Mental Health Team (Test Valley South)	Ms C Palmer 5 Horsefair Mews The Horsefair Romsey Hampshire SO51 8JG	01794 830323
Adult Services	Hantsdirect The Parkway 94-96 Wickham Road Fareham Hampshire PO16 7JL	0845 603 5630 <a href="http://www3.hants.gov.uk/adult-services.htm">http://www3.hants.gov.uk/adult-services.htm</a> People may need social care or support during a crisis, because of their age, long term ill health or disability, or because they are caring for others. Most of the support we give is to help people maintain their independence, so that they can continue to live in their own homes.
Childrens Services	Hantsdirect The Parkway 94-96 Wickham Road Fareham Hampshire PO16 7JL	0845 603 5620 <a href="mailto:childrens.services@hants.gov.uk">childrens.services@hants.gov.uk</a> <a href="http://www3.hants.gov.uk/childrens-services.htm">http://www3.hants.gov.uk/childrens-services.htm</a> People may need social care or support during a crisis, because of their age, long term ill health or disability, or because they are caring for others. Most of the support we give is to help people maintain their independence, so that they can continue to live in their own homes.
Community Drugs and Alcohol Advisory Service	Mrs J Wilcock Spencer House 63 Romsey Road Winchester Hampshire SO22 5DE	01962 825071 A non-residential treatment unit for people with alcohol and drug dependency problems Available for 18 year olds and over.
Community Innovations Team	Former Magistrates Court Church Road Romsey Hampshire SO51 8AQ	01794 526028 <a href="http://www3.hants.gov.uk/adult-services/community-innovations">www3.hants.gov.uk/adult-services/community-innovations</a> The Community Innovations service provides support, advice and guidance to older people who are not currently in crisis, but beginning to experience difficulties around the home; or in managing everyday activities; or having concerns about health and wellbeing. Specialist support can be provided for the above, and on a range of issues such as eating well and keeping warm, safe and fit.

## RAIN Community Information

---

### 09 Health - Community Services

---

Community Mental Health Team - Older Persons/Romsey	Mr N Turner Older Persons Mental Health Team Former Magistrates Court Church Street Romsey Hampshire SO51 8AQ	01794 519846
Community Mental Health Team - Older Persons/North Baddesley	Mrs. H Burkert The Health Centre North Baddesley Fleming Avenue North Baddesley Hampshire SO52 9EP	023 8073 4136 Community Mental Health Nurse (EMH Services).
Continence Home Delivery Service		023 8071 8831
Continence Service Winchester		01962 825391 General information on continence and products.
Falls Service	Romsey Rehabilitation Romsey Hospital Mile Hill Romsey Hampshire	01794 834710
Health Promotion Services	Mrs S Hendy Southampton City PCT Oatlands House Winchester Road Southampton Hampshire SO15 5NB	023 8051 5209
Hospital Palliative Care Team	Block 8 Southampton General Hospital Southampton Hampshire SO16 6YD	023 8079 4126 Hospices and palliative care services support adults and children living with life-limiting or terminal illness. Services can include pain control, symptom relief, skilled nursing care, complementary therapies, spiritual care and bereavement support.

---

**09 Health - Community Services**

---

Josian Centre	Unit 3 & 4 Imperial Park Empress Road Southampton Hampshire SO14 OJW	023 8071 8800 <a href="http://www.southamptonhealth.nhs.uk">www.southamptonhealth.nhs.uk</a> Service Include: NHS Aid and Equipment. Southampton (joint) Equipment Store Aid and Equipment Centre Wheelchair Service Contenance Advisory Service  Monday - Friday 8.30am - 4.30pm  Advice on equipment for anyone having difficulty with everyday tasks. Please phone for an appointment. 023 8071 8855.
Memory Assessment and Research Centre (Specialist Memory Nurse)	Moorgreen Hospital Botley Road West End Southampton Hampshire SO30 3JB	023 8047 5216
Message in a Bottle - Romsey Lions Club		023 8076 9291 Scheme to encourage people living on their own to keep basic personal and medical details in a common location where they can be found in an emergency.
OPMH Community Services Teams (Older Persons Mental Health)	Western Community Hospital William Macleod Way Millbrook Southampton Hampshire SO16 4XE	023 8029 6970 Community Mental Health Team for Older Persons with a mental health problem.  Social Workers Tel No: 02380 296900

---

**09 Health - Community Services**

---

OT Direct (Occupational Therapy)	Hantsdirect The Parkway 94-96 Wickham Road Fareham Hampshire PO16 7JL	0845 600 4555 OTDirect@hants.gov.uk <a href="http://www3.hants.gov.uk/adult-services/disability/ot.htm">http://www3.hants.gov.uk/adult-services/disability/ot.htm</a> Occupational therapists help people who are ill, disabled or feeling the effects of ageing to do the things that are important to them - such as preparing a meal, working, or undertaking a favourite hobby. Their work could involve:  * Giving advice on how the home or workplace environment could be changed (for example, ensuring wheelchair ramps are installed, or using new technology to make home adaptations) * Helping people to learn new ways of doing things (for example, teaching someone with reduced stamina how to conserve energy when performing daily activities) * Adapting materials or equipment (for example, adjusting a knife for someone after they have lost hand dexterity)
Positive Action HIV Aids Advice		0800 980 1990 info@positiveaction.org.uk If you do not wish to phone write to: PO Box 237 Aldershot Hants GU11 3XP
Rapid Response Community Rehab Team	Romsey Hospital Mile Hill Romsey Hampshire SO51 7ZA	01794 824710
Rapid Response Team - Out of Hours		023 8083 3444
Romsey Hospital Ulcer Clinic	Ms L Rice Podiatry Room Romsey Hampshire	Clinic runs every Friday 9.30 - 12.30.  Need to be referred by GP/District Nurse/Practice Nurse.

## RAIN Community Information

---

### 09 Health - Community Services

---

Southampton (Central) NHS Walk in Centre	Manager Fanshaw Wing Royal South Hants Hospital Brintons Terrace Southampton Hampshire SO14 0YG	023 8071 6539 Mon - Sun 8am - 4.30pm.
Stay on Your Feet Co-ordinator	Ms S Owen Mid Hampshire PCT Unit 3 Tidbury Farm Bullington Cross Sutton Scotney Hampshire SO21 3QQ	01962 763982 The aim of 'Stay on Your Feet' alliance is to find ways of dealing with the root cause of falls. This is to prevent them from happening in the first place.
Vocational Advice Service	Mr P Udall Hythe Medical Centre Beaulieu Road Hythe Hampshire SO45 4ZB	023 8087 9179 pudall@solentmind.org.uk
Winchester Community Mental Health Team	Mrs S Preedy St Waleric Park Road Winchester Hampshire SO23 7BE	01962 841941 for over 65s

---