

RAIN Community Information

05 Government Departments - including

Care Quality Commission (formerly CSCI)	Citygate Gallowgate Newcastle Upon Tyne NE1 4PA	03000 616161 Inspects Nursing and Residential Homes for standards and deals with complaints.
DWP - Job Seeker Direct		0845 606 0234 For all information regarding benefits and to see if you are eligible to claim then please go to www.direct.gov.uk or alternatively contact 0800 99 1234 Pension Credit tele claim line 0845 6060265 Pension Service
DWP - Pension Service Helpline		0845 606 0265 Retirement Pensions. Pension Credit.
MP - Aldershot	Mr G Howarth (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 geraldhowarth@parliament.uk
MP - Basingstoke	Mrs M Miller (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 foxcl@parliament.uk
MP - East Hampshire	Rt Hon D Hinds (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 damien.hinds.mp@parliament.uk
MP - Eastleigh	Rt Hon C Huhne (LD) House of Commons Westminster London SW1A 0AA	020 7219 3000 chris@chrishuhne.org.uk
MP - Fareham	Mr M Hoban (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 mail@markhoban.com
MP - Gosport	Rt Hon C Dinenage (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 caroline.dinenage@parliament.uk

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MP - Havant	Mr D Willetts (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 willettsd@parliament.uk
MP - New Forest East	Dr J Lewis (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000
MP - New Forest West	Rt Hon D Swayne (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 swayned@parliament.uk
MP - North East Hampshire	Rt Hon J Arbuthnot (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 arbuthnotj@parliament.uk
MP - North West Hampshire	Rt Hon Sir G Young (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 sirgeorge@sirgeorgeyoung.org.uk
MP - Portsmouth North	Mrs P Mordaunt (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 penny.mordaunt.mp@parliament.uk
MP - Portsmouth South	Rt Hon M Hancock CBE (LD) House of Commons Westminster London SW1A 0AA	020 7219 3000 hancockm@parliament.uk
MP - Romsey	Mrs C Noakes (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 caroline.noakes.mp@parliament.uk Also: 01794 511900.
MP - Southampton, Itchen	Rt Hon J Denham (Lab) House of Commons Westminster London SW1A 0AA	020 7219 3000 debhamj@parliament.uk
MP - Southampton, Test	Rt Hon A Whitehead (Lab) House of Commons Westminster London SW1A 0AA	020 7219 3000 whiteheada@parliament.uk

05 Government Departments - including

MP - Winchester	Mr Brine (Con) House of Commons Westminster London SW1A 0AA	020 7219 3000 steve.brine.mp@parliament.uk
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Parliament Members by Area - Shire Counties	www.parliament.uk/mps-lords-and-offices/mps/#w Complete list of MP's except London Boroughs and Metropolitan Districts. Tel: 020 7219 4272
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